

American Sign Language**Ms. Allie**

When I was younger, I began to learn American Sign Language (ASL). I learned the Alphabet and some common phrases. I have always wanted to learn more. Join me, and a dear friend of mine who teaches ASL, as I continue learning this language along with you! We will learn some basic sign language through music, song, video, and group practice.

Animal Training 101**Mr. Crowell**

Anything can be trained. Dogs can do an impressive number of behaviors, cats will respond to training, even fish can be taught to swim to the corner of the tank in response to food. The purpose of training is to deepen your bond between you and your pet and to understand how animals learn. The purpose is also to have fun and enjoy the animals we share our lives with. Dogs are optimal. Cats, well, we can try.

Before and After!!**Ms. Haven**

Is your desk a mess? Is your dresser a disaster? Is your closet in chaos? Welcome to the Before and After seminar!!! Each week, we will choose one space to organize. We will begin by sharing some before and after photos of the chosen space for inspiration, noting the changes that helped the space go from overwhelming to organized. Then, students will take one "before" photo and sign off to create the "after" space. The student evidence for success in each class will be "Before" and "After" photos.

Book Making**Senorita Smith**

In this seminar you'll create a book about something you're passionate about. Whether it's a scrapbook, a photo album, a journal, a recipe book, an art book, or you name it, you'll spend each session working towards creating a final product. Come with ideas and any supplies needed to craft your masterpiece!

Charlotte's Web**Ms. Remillard**

Ready to curl up with a cup of tea, your favorite blanket, a group book? Then join the Charlotte's Web Book Group. In this seminar, we will come together to read a classic novel. The book is available on Open Library or through your favorite bookseller. The last 15 minute of each seminar will be devoted to discussing the novel and what we learn from Charlotte's adventures on the farm.

Foreign Film Festival**Ms. GP**

In this seminar we'll journey to other lands by watching movies. Before each movie, we'll make a brief exploration of the countries and cultures to which we'll travel. After we've watched our films, we'll create traditional crafts from the countries we've visited. Possible destinations: Saudi Arabia, New Zealand, Columbia, Korea, India. If you love travelling the world and experiencing different cultures - this is the seminar for you!!

F.R.I.E.N.D.S.**Ms. Berner**

Do you miss seeing friends who aren't in your cohort, want to make new friends? Are you looking for a way to stay connected to peers on your virtual days? On Wednesdays at 11:45 I'll be there for you. Join me and your friends for "Friends: The One Where We Went Virtual" seminar. This will be a SCREENS ON interactive seminar. Grab your hot cocoa and a comfy seat and we'll watch some "family friendly" clips of friends to get inspiration for some conversations of our own. We'll also play some ice breaker games to get to know each other better and keep the fun going.

Hamilton the Seminar**Ms. Garran**

"We're not giving away our shot" to learn about "Alexander Hamilton, "the Schuyler Sisters," and "Aaron Burr, Sir." Come celebrate the amazing work of art that is Hamilton the Musical. We will think about "Who Lives, Who Dies, Who Tells Your Story" while watching interviews with the cast. "Blow Us All Away" with your own song about a historical figure as your final product for this seminar. A subscription to Disney+ would be very helpful for students in this seminar but it is not mandatory.

Kitchen Basics**Ms. Kast**

This seminar is for anyone who wants to sharpen their basic cooking skills. Each week, we will review one basic recipe. An ingredients list will be sent out each Friday, and the following Wednesday students will tune in to Zoom to watch a demo to start the class. For the second half of the seminar, students will actually be in the kitchen, creating their own meals, before snapping a picture and sharing the final product with their classmates via flip grid. Parents must be comfortable with students using the stove and oven during this time.

Knights of the Checkered-Board**Mr. Novak**

Chess is sometimes called "The Game of Kings." In this seminar, you will become a Knight of the Checkered Board, and defend your king in epic battles! Chess is unique among games. Chess can be serious and brainy, or ridiculous and loud. It can be relaxing and friendly or incredibly tense and competitive. It is sometimes straightforward, while other times, it is a fiendishly difficult puzzle. We will immerse ourselves in the world of chess – using chess clocks, recording our games using algebraic notation, solving puzzles, and examining the history and famous players of chess. We will learn to identify tactics and strategies, openings and endgames, opportunities and traps. Learn how and where to find online resources, including ways to get a rating to measure your skill against others, locations of puzzles, famous games, books of openings, established online chess sites, and an assortment of software. We will examine variations of chess, such as speed chess (Blitz), and the other variations of chess such as Horde, Atomic Chess, Chess 960, and more. Be brave, young warrior. Protect an entire kingdom from the comfort of your chair!

Landscape Painting and Sketching**Mr. Girardin**

In this seminar we will spend 6 weeks creating sketches and or paintings/pastels. We will explore seascapes, maritime/ship scenes, mountain landscapes and even outer space landscapes. Students can use different media, but may also just use pencil and paper. Students will need to join for kick off, but then may be off camera until the end of the class to show their progress. The teacher will be on to answer any questions and provide feedback.

Law and Order, FTE: Fairy Tale Edition**Ms. Ryan**

In this law and civics based seminar, we are pulling the curtain back on the seedy underbelly of our beloved childhood classics. We will look at fairy tales and the crimes committed in each one, and put the accused on trial. Humpty Dumpty fell off that wall, but was the King really to blame? Could Goldilocks be charged with breaking and entering? Was Cinderella a victim of child labor laws? Could Peter Rabbit be charged with criminal trespassing?! As we work our way through these cases, students will learn the difference between criminal and civil suits, as well as act as lawyers and witnesses. They will learn the proper conduct of a trial, preparing questions, statements and prep clients. We will end with the trial that has sparked a media frenzy for decades: The Big Bad Wolf vs. The Third Little Pig.

Minecraft: Education**Mr. Bates, Mr. Stewart**

Have you always wondered what Minecraft is all about? Are you a seasoned pro looking to share your skills with your classmates? No matter your experience level we are excited to have you in the Minecraft Seminar! Students will explore weekly build challenges on the Minecraft Education platform, working together to design solutions to building challenges in Creative Mode and fend off ravenous Creepers in Survival Mode. Sign up and spend your Seminar time in the Overworld with friends new and old. (Students will need a compatible PC, Mac, iPad, or Chromebook and will need to download the Minecraft Education app; the school will provide student accounts.)

Ni'ihau Jewelry Making**Ms. Prchlik**

Inspired by the island of Ni'ihau, a place that is renowned for its beautiful, yet extremely rare shells. Learn to use ornate shells for authentic lei and jewelry. Join Mrs. Prchlik for a jewelry making workshop to create your very own beach inspired and one-of-a kind pieces. (\$35 fee for materials)

Once Upon a Time... Storytelling and Illustration**Ms. Nowack**

A picture is worth a thousand words... but words can paint a thousand pictures too! In this seminar, students will explore the many different forms of illustration from cartooning to mixed media collage to graphic design as we create our own illustrated works. Students will explore their own illustration and writing style through games, collaborative storytelling, and writing and illustrating their own short stories.

School of Rock**Senora**

When you listen to your favorite form of music, do you pay close attention to the lyrics? You should, because more often than not, there is a lot to learn from them! In "School of Rock," we WON'T be watching the popular movie of the same title (that is something fun you can do on your own time), but we WILL be learning about different subjects through music! History, Current Events, Literature, Science, World Languages...even Math. You name the subject matter, and it can be learned about through music. So come join us in the School of Rock during seminar time. Rock On!

The Science of COVID-19**Mr. Niles**

Curious to understand more about the Coronavirus and how it works? Want to impress your friends and family with your sophisticated insights into the pandemic? Come Zoom with Mr. Niles as he embraces his inner science teacher and shares his knowledge about all things COVID. How could something so small be so dangerous? What is mRNA anyways? How did we make a vaccine so fast? Why do some people get sick and die while other people don't even get symptoms? Knowledge is Power! Join us to learn more.

Winter Yoga for Restoration**Ms. O'Leary**

The Winter is a great time for restoration, relaxation and rejuvenation. If you are looking to learn more about yoga, or further your skills with your current yoga practice, this is the Seminar for you! We will practice a variety of poses together via Zoom with relaxing music playing along. All poses will be supported with verbal and visual explanations. Students will need a yoga mat or towel, a water bottle and should wear comfortable clothes. We will end each practice with meditation, reflection, and some silent time in savasana.

Zentangle**Ms. Wilkinson**

Love to doodle? Zentangle is a super relaxing and fun form of doodling. With different tangles, or patterns, we are going to create some great art during this seminar. It is easy to learn, and anyone can learn how to Zentangle. It also is an art that is known to reduce stress and bring calm, so what a great way to spend the hour. We will learn new tangles each week and create art that includes these tangles. Go Google and check out Zentangle, and if you are interested in tangling on Wednesdays, come join this seminar!

Wednesday Workout Club**Ms. Quenneville**

Are you tired of sitting still? If you are eager to move and learn proper exercise techniques from the comfort of your own home, then the Wednesday Workout Club is where you want to be. We will zoom together as we stretch, strengthen and learn from some of the best personal trainers around the world. Be ready to move, groove and strengthen your body and your mind. All that is needed is a zooming device, safe open space to move & comfortable workout clothes. This seminar will hopefully be a designated time for you to add a workout into your busy week while learning proper technique with an in home workout.

Algebra I (Invite only, 8th grade only**)**

Ms. Novak

8th Graders, are you taking Algebra One this year?? If so, you have been zooming with Mrs. Novak on Wednesdays already. If opting for just Algebra One, sign up for just algebra on the choice sheet. If both, please select 5 choices as per usual